Local Senior Housing

The locations below provide safe, affordable housing for seniors in Waycross, Georgia.



Westport Village Apartments 1612 Carswell Ave Waycross, GA 31503 912-285-1754



Waring Apartments 812 E Waring St Waycross, GA 31501 912-285-0373



Central Walnut Village 500 Walnut St Waycross, GA 31501 912-285-9725



Waycross Housing Authority 1130 Tebeau St Waycross, GA 31501 912-287-2440

Safe Walking Tips

- Choose a comfortable shoe that fits well and is the right type for your local weather and terrain.
- Wear comfortable, bright/visible, loose-fitting clothing that is suitable for the weather.
- Good walking techniques include: good posture, strong arm motion, heel-to-toe steps, and smaller, more frequent steps.
- Where there's no sidewalk, walk facing oncoming traffic.

Transportation

Anyone may use Ware County Public Transit to schedule a ride Monday through Friday 7:30 a.m. to 4:30 p.m. Rides must be scheduled 24 hours in advance. The cost is \$3 for the first 10 miles (\$2 for persons over 65), plus \$0.50 for each additional mile. Call 912-283-7800.

Other Senior Resources

Several state and regional agencies and organizations provide critical services and resources for older residents. Below are phone numbers for some of the more commonly needed resource agencies within Ware County and throughout the State of Georgia.

Adult Protective Services Georgia Department of Human Services, Division of Aging 1-866-552-4464, Press '3'

Aging and Disability Resource Connection Southern Georgia Regional Commission; 1-888-732-4464

Department of Family and Children Services (DFCS) Georgia Department of Human Services 1-877-423-4746; in Ware County call: 912-285-6040

U.S. Social Security Administration Office 303 Isabella St, Waycross, GA 31501; 912-283-9980

U.S. Department of Veterans Affairs, VA Clinic 515B City Blvd, Waycross, GA 31501; 912-279-4400

Ware County Emergency Management Agency / CodeRED 3395 Harris Rd # 300, Waycross, GA 31503; 912-287-4394



About the Southern Georgia Regional Commission's Area Agency on Aging

The Southern Georgia AAA develops, provides, and coordinates programs and services for older individuals, at-risk adults, and persons with disabilities in an 18-county region. The AAA serves as your Aging and Disability Resource Connection (ARDC). When a client or caregiver calls **1-888-732-4464**, an ARDC counselor will provide information and assistance, explore long-term care options, and/or screen for program eligibility. The nurses and social workers who work as ARDC counselors are impartial and trained to help you navigate the labyrinth of potential services and programs. If you have interest in any of the following services—or just don't know where to begin—pick up the phone and make that call.

- Legal Assistance
- Home Modification
- Homemaker Services
- Alzheimer's Adult Day Care
- Nutrition & Senior Center Services
 GeorgiaCares Services
- Wellness Programs

- Personal Care Services
- Caregiver In-Home Respite
- Coordinated Transportation
- Care Consultation
- Caregiver Education
- Assistive Technology
- Elderly & Disabled Waiver Program





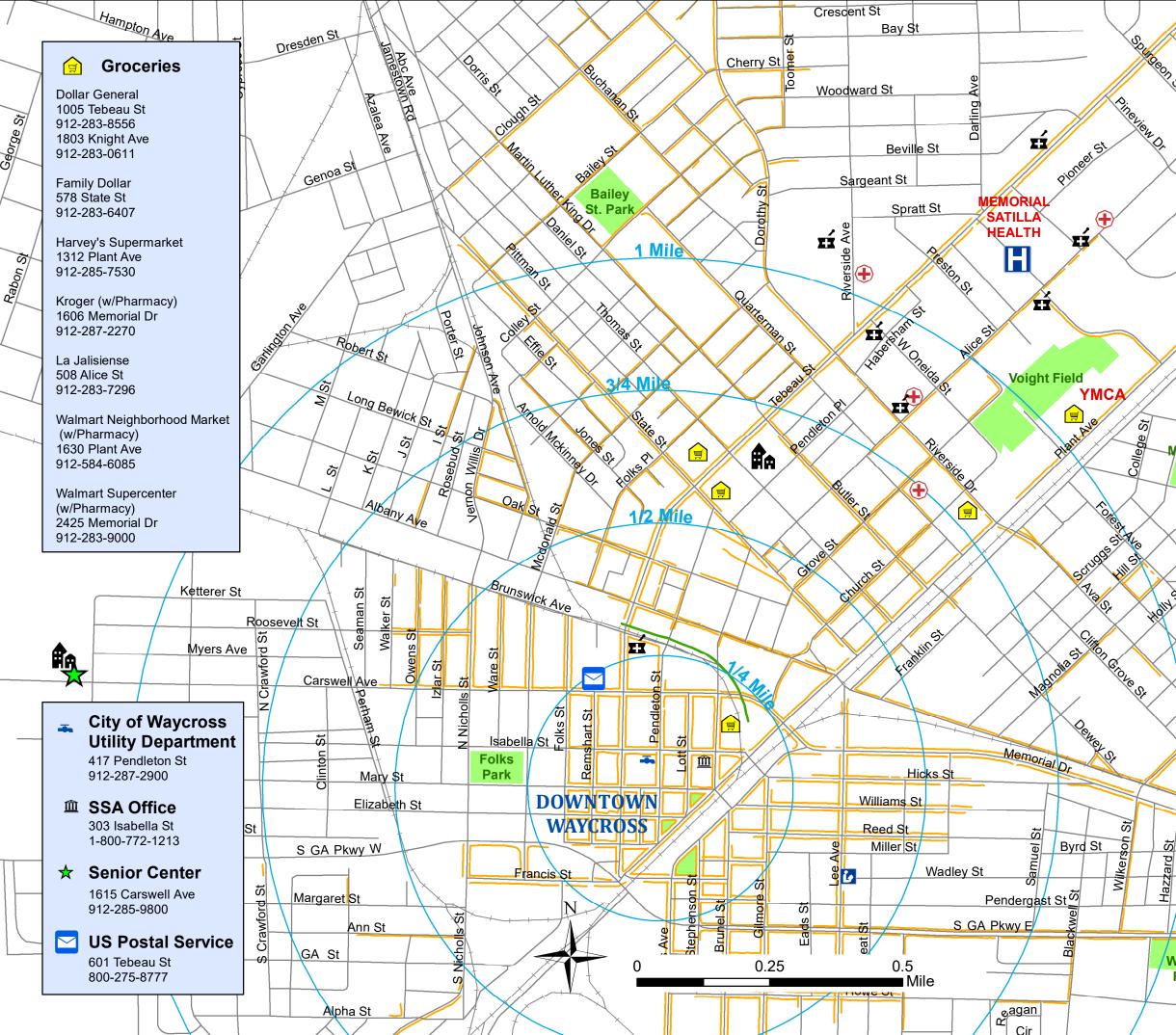


A COMMUNITY WALKING MAP FOR ACTIVE OLDER ADULTS

Southern Georgia Regional Commission

327 W Savannah Ave Valdosta, GA 31601 229-333-5277 1725 S Georgia Pkwy W Waycross, GA 31503 912-285-6097

www.sgrc.us



Linder THE CON $\left(\begin{array}{c} \bullet \end{array} \right)$ **H** Pharmacies **Health Care Batten's Prescription Shop** AppleCare Waycross Ve Dr 1401 Alice St 1912 Memorial Dr E 912-283-1646 912-283-7100 Browning's Medical Arts Coastal Care 1919 Alice St 1405 Alice St 912-283-5504 912-285-8822 **CVS** Pharmacy **McKinney Community** 1800 Brunswick Hwy Health Center 912-285-2171 218 Quarterman St 912-287-9140 **Griffin's Prescription Shop** 1408 Tebeau St Satilla Convenient Care 912-283-3010 1921 Alice St #4A 912-283-5616 Larry's Pharmacy 1710 Alice St Ware County Health Dept. 912-283-1151 604 Riverside Ave 855-473-4374 Pearce Drug Store 620 Tebeau St Waycross VA Clinic 912-283-2772 515 S City Blvd 912-279-4400 **Rite Aid Pharmacy** 701 Riverside Ave Libraries 14 912-283-7101 Waycross-Ware County **Rite Aid Pharmacy** Public Library 1803 Knight Ave 401 Lee Ave 912-285-4630 912-287-4978 Satilla Health Enterprises 2007 Tebeau St Senior Housing 912-283-3030 Parks Walgreens 1740 Memorial Dr **Sidewalks** 912-338-9127 Trails itilla Oakwood Ave **B**A $\left(+ \right)$ Knight Ave łí 5 Hazzard Brunswick Hwy Reyn ΞŔ Ħ Dixie Dixie Hwy Ware County Recreation AVA Complex