

Local Senior Housing

The locations below provide safe, affordable housing for seniors in Douglas, Georgia.



Georgian Woods Apartments
120 McNeil Dr
912-384-3233



The Landings of Douglas
1360 W Gordon St
912-384-6522



Hunter's Run Apartments
701 Lupo Lane
912-384-0002



Pine Meadows
1315 W Gordon St
912-383-7070



Lakeside Senior Living Center
1025 N Chester Ave
912-501-3373



Southern Senior Living
215 E Sellers St
912-383-9883

Safe Walking Tips

- Choose a comfortable shoe that fits well and is the right type for your local weather and terrain.
- Wear comfortable, bright/visible, loose-fitting clothing that is suitable for the weather.
- Good walking techniques include: good posture, strong arm motion, heel-to-toe steps, and smaller, more frequent steps.
- Where there's no sidewalk, walk facing oncoming traffic.

Other Senior Resources

Several state and regional agencies and organizations provide critical services and resources for older residents. Below are phone numbers for some of the more commonly needed resource agencies within Coffee County and throughout the State of Georgia.

Adult Protective Services

Georgia Department of Human Services, Division of Aging
1-866-552-4464, Press '3'

Aging and Disability Resource Connection

Southern Georgia Regional Commission; 1-888-732-4464

Department of Family and Children Services (DFCS)

Georgia Department of Human Services
1-877-423-4746; in Coffee County call: 912-389-4286

U.S. Social Security Administration Office

303 Isabella St, Waycross, GA 31501; 912-283-9980

U.S. Department of Veterans Affairs, VA Clinic

515B City Blvd, Waycross, GA 31501; 912-279-4400

Coffee County Emergency Management Agency

2621 US Hwy 221 N, Douglas GA 31533; 912-384-5440

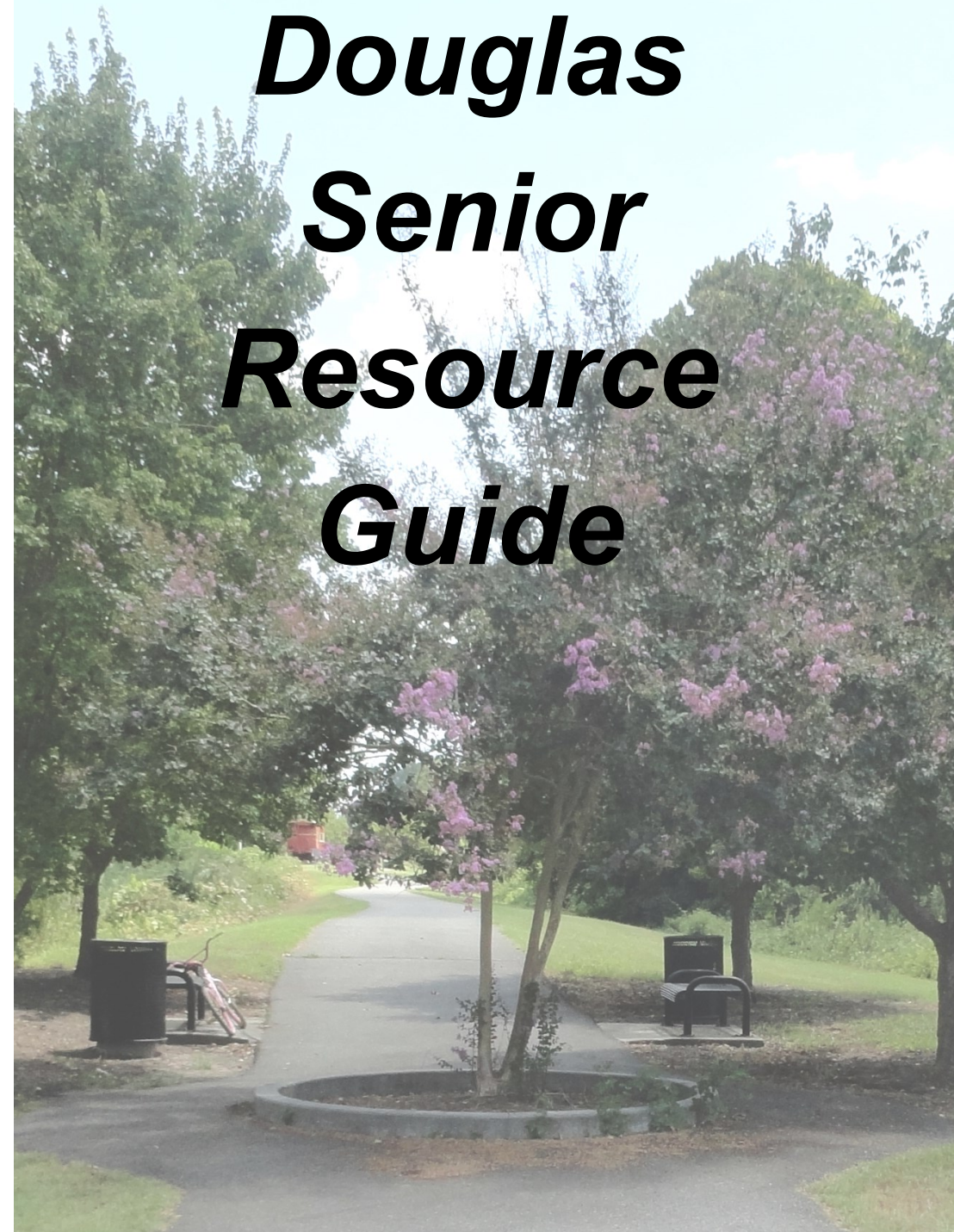


About the Southern Georgia Regional Commission's Area Agency on Aging

The Southern Georgia AAA develops, provides, and coordinates programs and services for older individuals, at-risk adults, and persons with disabilities in an 18-county region. The AAA serves as your Aging and Disability Resource Connection (ARDC). When a client or caregiver calls **1-888-732-4464**, an ARDC counselor will provide information and assistance, explore long-term care options, and/or screen for program eligibility. The nurses and social workers who work as ARDC counselors are impartial and trained to help you navigate the labyrinth of potential services and programs. If you have interest in any of the following services—or just don't know where to begin—pick up the phone and make that call.

- Legal Assistance
- Home Modification
- Homemaker Services
- Alzheimer's Adult Day Care
- Nutrition & Senior Center Services
- GeorgiaCares Services
- Wellness Programs
- Personal Care Services
- Caregiver In-Home Respite
- Coordinated Transportation
- Care Consultation
- Caregiver Education
- Assistive Technology
- Elderly & Disabled Waiver Program

Douglas Senior Resource Guide



A COMMUNITY WALKING MAP FOR ACTIVE OLDER ADULTS



327 W Savannah Ave
Valdosta, GA 31601
229-333-5277

1725 S Georgia Pkwy W
Waycross, GA 31503
912-285-6097

Health Care

Apple Care
903 W Ward St
912-260-1191

Coffee County Health Dept.
1111 W Baker Hwy
855-473-4374

Coffee Regional Medical Ctr.
1101 Ocilla Rd
912-384-1900

CRMC Walk-in Clinic
205 Shirley Ave
912-383-6966

Douglas Family Health/
South Central Primary Care
1309 Ocilla Rd, Suite A
912-384-2252

Pharmacies

CVS Pharmacy
912 W Ward St
912-384-2088

Fulco Discount Drug
301 Shirley Ave
912-384-7026

Malcolm's Drug Store
250 S Peterson Ave
912-384-1898

McRae's Pharmacy
1002 W Ward St
912-384-5255

The Medicine Cabinet
722 Shirley Ave
912-383-8510

Powell's Drug Store
223 W Ashley St
912-384-1793

Walgreens
602 S Peterson Ave
912-260-1198

Coffee Co. Senior Center
408 E Ward St
912-384-1746

Satilla Regional Library
200 S Madison Ave
912-384-4667

US Postal Service
600 S Madison Ave
800-275-8777

**City of Douglas
Utility Office**
224 E Bryan St
912-384-3302

Senior Housing

Parks

Sidewalks

Trails

Groceries

Angeles Mexican Store
317 S Madison Ave
912-389-0901

Dollar General
518 S Peterson Ave
912-384-2999

Dollar Tree
1345 Bowens Mill Rd SE
912-383-7725

Family Dollar
831 S Peterson Ave
912-384-0944

Harveys (Pharmacy)
901 W Ward St
912-389-3350
813 S Peterson Ave
912-384-2013

Mickey's Food Store
740 N Peterson Ave
912-384-3240

Save-a-Lot
802 S Peterson Ave
912-383-0827

Supermercado Tarahumara
1300 E Ward St
912-384-8224

Walmart (w/Pharmacy)
1450 Bowens Mill Rd SE
912-384-4600

